

ISLAND HEALTH COLLEGE - 60036

300 Argyle Street, North Hobart 7000
PH: 03 6236 9011 admin@islandhealth.tas.edu.au

TIMETABLE 2018

The College makes every endeavor to ensure timetabled dates are correct at time of version. Unfortunately changes may occur and students will be informed of changes.

(The College reserves the right to alter the dates, times and prices in the Timetable)

<p>TERM DATES 2018</p> <p>TERM 1 7 Feb – 16 April</p> <p>Easter Break: 30 March – 8 April 18</p> <p>TERM 2 30 April – 8 July</p> <p>TERM 3 23 July – 30 September</p> <p>TERM 4 15 October – 15 December</p>	<p>NOTE: Please refer to the training codes beside module/unit you have elected to study, to see how they are delivered and the dates of delivery.(e.g. Anatomy & Physiology 1– AP1)</p> <p>OFF CAMPUS STUDY OPTIONS</p> <p>Please refer to the Course Guide for further information on module and off Campus options. Flexible training could include workbooks, and participation in practical week-end classes which are held at the College.</p>
<p>Qualifications: Certificate IV in Massage Therapy HLT42015. Diploma of Remedial Massage HLT52015. Diploma of Reflexology HLT52515</p>	
<p>CLINICAL PRACTICE RELEVANT TO QUALIFICATIONS:</p> <p>Clinical practice sessions are held at the College on the proposed days of Wednesday, Thursday afternoons, Saturday all day, some Sundays all day.</p> <p>The Clinic Practice Information session programmed in the timetable will allow students to select their date preferences.</p> <p>Certificate IV in Massage Therapy HLT42015 (CP1 – 80 hours) - Commences late March/ April 2018 and may run until mid-October 2018. (This depends on the number of students.)</p> <p>Diploma of Remedial Massage HLT52015 (CP1 & CP2 – 200 hours) – Commences late January 2019 and may run until end April 2019. This depends on the number of students).</p> <p>Diploma of Reflexology HLT52515 (RefCL – 120 hours) - Commences June 2018 until late January 2019.</p> <p>Students must have submitted all assessments that are due before the commencement of clinic plus a <u>current first aid certificate</u> to be eligible to participate in student clinical practice in their chosen qualification.</p>	
<p>Text books are included in the fees for Certificate IV in Massage Therapy, Diploma of Remedial Massage, and the Diploma of Reflexology</p>	
<p>The following pages list:</p> <ul style="list-style-type: none"> • The units of competency that make up each qualification • The training modules into which Island Health College packages these units. <p>Some modules contain a number of units 'bundled' together.</p> <p>Training codes: W = Workbook = (Module content, Completion of Assessment Workbook).</p> <p><i>(Classes are weekdays OR week-ends, you are not required to attend both.)</i></p> <p>C = Classroom based day training OR</p> <p>CWE = classroom based week-end training.</p> <p><i>Modules are subject to student numbers for commencement.</i></p>	

CERTIFICATE IV in MASSAGE THERAPY HLT42015

Training codes: Off campus options are: **W** = Workbook

On campus options are: (Classes are weekdays OR week-ends, you are **not** required to attend both.)

C = Classroom based day training **OR**

CWE = classroom based week-end training.

DS = Distance Study (at home)

Modules are subject to student numbers for commencement.

Module name	Training Codes	Units of Competency 10 Core Units – 3 Electives (E)	Module hours & training codes	\$
Anatomy & Physiology 1	AP1	HLTAAP002 – Confirm physical health status HLTMSG002 – Assess client massage needs	30 C	960.00
Massage 1 (including referrals)	M1	HLTMSG002 – Assess client massage needs HLTMSG004 – Provide massage treatments	39 C or CWE	1432.00
Musculoskeletal	MM	HLTAAP002 – Confirm physical health status HLTMSG002 – Assess client massage needs HLTMSG004 – Provide massage treatments	18 C or CWE or DS	615.00
Workplace Health & Safety & Infection Control	WHS&IC	HLTWHS004 – Manage work health and safety HLTINF004 – Manage the prevention & control of infection	12 C or DS	410.00
Reflexology 1	RI	HLTREF002 – Provide reflexology for relaxation (E)	12 C	450.00
First Aid		HLTAID003 – Provide first Aid. to be completed off site	Off site	
Business Administration 1	BA1	CHCPRP003 – Reflect and improve own professional practice (E) CHCCOM006 – Establish and manage client relationships HLTMSG001 – Develop massage practice CHCLEG003 – Manage legal and ethical compliances CHCDIV001 – Work with diverse people BSBSMB404 – Undertake small business planning (E)	18 C or DS	706.00
Clinical Practice	CP1		80	424.00
Total				\$4997.00

Estimated Distribution of Student Workload:

The estimated student workload is 600 hours for this qualification

- ~ Class theory, 75
- ~ Practical 51
- ~ Assessment Workbooks for WH&S&IC and Referrals – up to 90 hours
- ~ Clinical practice 80 hours
- ~ - first aid – off site.
- ~ Practice, research, assignments, 304

These hours are guidelines only and do not apply to reading, reflection or time taken in organization and travel etc.

DIPLOMA OF REMEDIAL MASSAGE HLT52015

3

Training codes: Off campus options are: **W** = Workbook = (Module Content and Assessment Workbook)

On campus options are: **C** = Classroom based day training, **CWE** = classroom based week-end training, **DS** = Distance Study (at home)

Modules are subject to student numbers for commencement

Module name	Training code	year	Units of competency 16 Core Units – 5 Electives (E)	Hours & training codes	\$
Anatomy & Physiology 1	AP1	1	HLTAAP003 – Analyse and respond to client health information HLTMSG002 – Assess client massage needs	30 C	960.00
Anatomy & Physiology 2	AP2	1	HLTAAP003 – Analyse and respond to client health information	15 C or DS	675.00
Massage 1 (including referrals)	M1	1	HLTMSG002 – Assess client massage needs HLTMSG004 – Provide massage treatments	39 C or CWE	1432.00
Musculoskeletal	MM	1	HLTAAP003 – Analyse and respond to client health information HLTMSG002 – Assess client massage needs HLTMSG004 – Provide massage treatments	18 C or CWE or DS	615.00
Remedial Techniques 1 DT (includes Myofascial), Trigger Point, & MET	RT 1	1	HLTMSG003 – Perform remedial massage musculoskeletal assessments HLTMSG005 - Provide remedial massage treatments HLTMSG008 – Monitor and evaluate remedial massage treatments	33 CWE	1377.00
Remedial Techniques 2 Sport, Lymphatic Drainage	RT 2	1	HLTMSG005 – Provide remedial massage treatments HLTMSG006 – Adapt remedial massage practice to meet specific needs HLTMSG007 – Adapt remedial massage practice for athletes (E)	24 CWE	900.00
Treatment Management 1	TM 1	1	HLTMSG003 – Perform remedial massage musculoskeletal assessments HLTMSG005 - Provide remedial massage treatments HLTMSG008 – Monitor and evaluate remedial massage treatments HLTMSG006 – Adapt remedial massage practice to meet specific needs HLTMSG007 – Adapt remedial massage practice for athletes	30 CWE	900.00
Treatment Management 2	TM 2	1	As above	54 CWE	1770.00
Workplace Health & Safety & Infection Control	WHS&IC	1	HLTINF004 – Manage the prevention & control of infection HLTWS004 – Manage work health and safety	12 C or DS	410.00
First Aid		1	HLTAID003 – Provide first Aid. to be completed off site.	offsite	
Reflexology I	RI	1	HLTREF002 – Provide reflexology for relaxation (E)	12 C	450.00
Business Administration 1	BA1	1	CHCPRP003 – Reflect and improve own professional practice CHCCOM006 – Establish and manage client relationships HLTMSG001 – Develop massage practice CHCLEG003 – Manage legal and ethical compliances CHCDIV001 – Work with diverse people BSBSMB404 – Undertake small business planning	18 C or DS	706.00
Business Administration 2	BA2	1	BSBSMB403 – Market the small business (E) CHCPRP005 – Engage with health professionals and health system CHCPRP002 – Collaborate in professional practice (E) BSBSMB406 – Manage small business finances (E)	18 C	830.00
Clinic practice 1	CP1	1		80	424.00
Clinic practice 2	CP2	2		120	550.00
Total					\$11999.00

Diploma of Remedial Massage, estimated Distribution of Student Workload:

The estimated student workload is 1200 for this qualification

~ Theory in class 108

~ Practical hours 192 + clinical hours = 392

~ Practice, Homework, Assignments, reading 700 First aid – off site

These hours are guidelines only and do not apply to reflection or time taken in organization and travel etc.

DIPLOMA OF REFLEXOLOGY HLT52515

Training codes: *Off campus options are: W = Workbook = (Module Content and Assessment Workbook)*

On campus options are:

C = Classroom based day training, **CWE** = classroom based week-end training. **DS** = Distance Study (at home)

Modules are subject to student numbers for commencement.

Name of module	Training Code	year	Units of competency 15 Core Units – 6 Electives	Hours & training options codes	\$
Anatomy & Physiology 1	AP 1	1	HLTAAP003 – Analyse and respond to client health information HLTREF003 – Perform reflexology health assessment	30 C	960.00
Anatomy & Physiology 2	AP 2	1	HLTAAP003 – Analyse and respond to client health information	15 C or DS	675.00
Business Administration 1	BA1	1	CHCPRP003 – Reflect and improve own professional practice CHCCOM006 – Establish and manage client relationships CHCLEG003 – Manage legal and ethical compliances CHCDIV001 – Work with diverse people BSBSMB404 – Undertake small business planning (E)	18 C or DS	706.00
Business Administration 2	BA2	2	BSBSMB403 – Market the small business (E) CHCPRP005 – Engage with health professionals and the health system CHCPRP002 – Collaborate in professional practice (E) BSBSMB406 – Manage small business finances (E)	18 C	830.00
Workplace Health and Safety & Infection Control	WHS&IC	1	HLTWHS004 – Manage work health and safety HLTINF004 – Manage the prevention & control of infection	12 C or DS	410.00
First Aid		1	HLTAID003 – Provide first Aid. to be completed off site.	Off site	
Reflexology I	Ref I	1	HLTREF002 – Provide reflexology for relaxation	12 C	450.00
Reflexology 2	Ref 2	1	HLTREF001 – Develop reflexology practice HLTREF003 – Perform reflexology health assessment HLTREF004 - Provide therapeutic reflexology treatments HLTREF005 – Adapt reflexology treatments to meet specific needs HLTREF006 – Monitor and evaluate reflexology treatments CHCCCS001 – Address the needs of people with chronic disease (E)	42 C	1700.00
Nutrition	Nut	1	HLTHPS010 - Interpret and use information about nutrition and diet (E)	6 C	400.00
Reflexology clinical practice	RefCL	2		120	900.00
Total					\$7031.00

Estimated Distribution of Student Workload:

- The estimated student workload is 1200 for this qualification
- ~ Theory in class 96
 - ~ Practical classroom hours 54 plus events, clinical practice. 174 hours
 - ~ Practice, Assignments, reading 930
 - ~ First aid – off site

These hours are guidelines only and do not apply to reflection or time taken in organization and travel etc.

How to best use the timetable:

Note the Training 'code' relevant to unit of study you have selected to participate in from the above qualification. This training code will be found in the timetable below, reflecting date and times. This applies for both classroom based weekday training and classroom based week-end training.

On campus options are:

On campus options are: **C** = Classroom based day training **and** **CWE** = classroom based week-end training. May be a combination but you are not required to attend both weekday and weekend classes for the same module.

We recommend **color coding** the **classes** in your selected qualification.

ISLAND HEALTH COLLEGE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
Week commencing 5 Feb 2018			<u>Orientation</u> 1.00pm – 2.00pm		MM 9.30am-12.30 MI 1.30pm-4.30pm	MM 9.30am -12.30 MI 1.00pm-4.00pm	
Week commencing 12 Feb 2018	Public Holiday	MI 1.30pm-4.30pm		AP 1 9.30-4.00pm	MM 9.30am-12.30 MI 1.30pm-4.30pm	MM 9.30-12.30 MI 1.00pm-4.00pm	
Week commencing 19 Feb 2018		MI 1.30pm-4.30pm		.	MM 9.30am-12.30 MI 1.30pm-4.30pm	MM 9.30am -12.30 MI 1.00pm-4.00pm	
Week commencing 26 Feb 2018		MI 1.30pm-4.30pm		AP 1 9.30-4.00pm	MM 9.30am-12.30 MI 1.30pm-4.30pm	MM 9.30-12.30 MI 1.00pm-4.00pm	MI 9.30am-4.30pm
Week Commencing 5 March 18		MI 1.30pm-4.30pm	WHS&IC 9.30am-12.30pm	.	MM 9.30am-12.30 MI 1.30pm-4.30pm	MI 9.30am-4.30pm	

Week commencing 12 March 2018	Public holiday	MI 1.30pm-4.30pm		AP 1 9.30-4.00pm	MM 9.30am-12.30 MI 1.30pm-4.30pm	MM 9.30am -12.30 MI 1.00am-4.00pm	MI 9.30am-4.30pm	
Week commencing 19 March 2018		MI 1.30pm-4.30pm	WHS&IC 9.30am-12.30pm		MI 1.30pm-4.30pm	MM 9.30am -12.30 MI 1.00 pm-4.00pm	MI 9.30am-12.30pm	
Week commencing 26 March 2018			WHS&IC 9.30am-12.30pm	AP 1 9.30-4.00pm	GOOD FRIDAY			
Week commencing 2 April 2018	EASTER MONDAY	SCHOOL EASTER BREAK Friday 30 March until Sunday 8 April 2018 inclusive						
Week commencing 9 April 18			WHS&IC 9.30am-12.30pm	AP 1 9.30-4.00pm				
Week commencing 16 April 18	School holidays From 16 April until Sunday 29 April 2018 inclusive							
Week commencing 30 April 18		Clinic Information (CP1) 9.30am – 12.30pm R 1 1.00 - 4.00pm	BA1 9.30am – 12.30pm					
Week commencing 7 May 18		R 1 9.30am - 4.30pm	BA1 9.30am – 12.30pm			RT 1 (Trigger Point) 9.30am – 4.30pm.		

Week commencing 14 May 18			BA1 9.30am – 12.30pm			RT 1 (Deep Tissue, Myofascial) 9.30am-4.30pm	RT 1 (Deep Tissue) 9.30am-4.30pm
Week commencing 21 May 18		R 1 1.00 - 4.00pm	BA1 9.30am – 12.30pm				
Week commencing 28 May 18			BA1 9.30am – 12.30pm		AP 2 9.30am-12.30		
Week commencing 4 June 18			BA1 9.30am – 12.30pm		AP 2 9.30am-12.30		
Week commencing 11 June 18	Public Holiday	Ref 2 9.30 – 12.30			AP 2 9.30am-12.30	RT 1 (MET/PNF) 9.30am-4.30pm	RT 1 (MET/PNF) 9.30am-4.30pm
Week commencing 18 June 18		Ref 2 9.30 – 12.30			AP 2 9.30am-12.30		
Week commencing 25 June 18		Ref 2 9.30 – 12.30			AP 2 9.30am-12.30		RT 1 (MET/PNF) 9.30am-12.30pm
Week commencing 2 July 18		Ref 2 9.30 – 12.30				RT 2 (Lymphatic Drainage) 9.30am-4.30pm	RT 2 (Lymphatic Drainage) 9.30am-4.30pm
Week commencing 9 July 2018	College Holiday From Monday 9 July to Sunday 22 July 2018 inclusive						
Week commencing 23 July 18		Ref 2 9.30 – 12.30				RT 2 (Sports) 9.30am-4.30pm	RT 2 (Sports) 9.30am-4.30pm
Week commencing 30 July 18		Ref 2 9.30 – 12.30					
Week commencing 6 Aug 18		Ref 2 9.30 – 12.30				TM 1 9.30am-4.30pm	TM 1 9.30am-4.30pm

Week commencing 13 Aug 18		Ref 2 9.30 – 12.30				TM 1 9.30am-4.30pm	TM 1 9.30am-4.30pm
Week commencing 20 Aug 18		Ref 2 9.30 – 12.30					
Week commencing 27 Aug 18		Ref 2 9.30 – 12.30				TM 1 9.30am-4.30pm	
Week commencing 3 Sept 18		Ref 2 9.30 – 12.30				TM2 9.30-4.30pm	TM2 9.30-4.30pm
Week commencing 10 Sept 2018		Ref 2 9.30 – 12.30					
Week commencing 17 Sept 18		Ref 2 9.30 – 12.30					
Week commencing 24 Sept 18		Ref 2 9.30 – 12.30				TM2 9.30-4.30pm	TM2 9.30-4.30pm
Week commencing 1 Oct 18	School Holiday From 1 October until Sunday 14 October 2018						
week commencing 15 Oct 18		Nut 9.30am-12.30	BA2 9.30am-12.30pm				
Week commencing 22 Oct 18		Nut 9.30am-12.30	BA2 9.30am-12.30pm	Public Holiday		TM2 9.30-4.30pm	TM2 9.30-4.30pm
Week commencing 29 Oct 18			BA2 9.30am-12.30pm			Intro to Massage 9.30am-4.30pm	Intro to Massage 9.30am-4.30pm
Week commencing 5 Nov 18			BA2 9.30am-12.30pm			TM2 9.30-4.30pm	TM2 9.30-4.30pm
Week commencing 12 Nov 18			BA2 9.30am-12.30pm				
Week commencing 19 Nov 18			BA2 9.30am-12.30pm			TM2 9.30-4.30pm	

Week commencing 26 Nov 18							
Week commencing 3 Dec 18							
Week commencing 10 Dec 18							
Week commencing 17 Dec 18							

MERRY XMAS 2018

For those students who are training in the Diploma of Remedial Massage your clinical practice will commence in 2019. Dates to be advised.

For those students who are training in the Diploma of Reflexology your clinical practice will continue in 2019.